



KINGSBRIDGE GYM CLUB CODE OF CONDUCT

Our core values are:

- Celebrating every athletic accomplishment
- Providing a safe, healthy, inclusionary training and learning environment
- Promoting all the benefits of gymnastic participation
- Ensuring professional and nurturing coaches
- Providing an atmosphere where every athlete feels accepted valued and respected.

GYMNAST CODE OF CONDUCT

It is a requirement of the Club that all gymnasts....

- follow all Kingsbridge Gymnastics Club (KGC) and British Gymnastics rules, policies, and procedures.
- to refrain from any form of discrimination, harassment, bullying, abuse, intimidation, victimisation, or vilification of others, irrespective of their age, race, gender, disability, sexuality, gender identity, or religion.
- respect the talent, potential and development of fellow participants and competitors.
- be considerate, respectful, objective, and courteous to everyone in our sport in respect of their rights, dignity, and worth.
- be a positive role model by displaying discipline, respect, care and diligence towards your fellow gymnasts, coaches & volunteers, and all others involved in the sport.
- never engage in any conduct that might adversely affect the reputation of KGC or the sport of gymnastics.
- ensure that good sportsmanship is demonstrated in all situations and to all individuals.
- respect the decisions made by management, coaches, officials and judges, both internally and externally to KGC
- trust and respect the coaching team's knowledge and direction.
- be honest with their coach concerning illness and injury and their ability to train fully within the program requirements.
- do not criticise judges or officials and express all concerns to their coach.
- be gracious and sportsmanlike in accepting all scores and decisions.
- do not touch or use the property of other individuals at the KGC or at any gymnastics event without their permission.
- report any form of misconduct or inappropriate behaviour/treatment to a member of the KGC staff as soon as possible.



- do not engage in any filming, recording, photography or use of mobile phones in the reception area, gym or the toilets at KGC or any gymnastics event where permission is not granted.
- do not smoke or consume alcohol, including at KGC facilities, trip accommodation, external competition venues, and team activities.
- ask for coach's permission to leave the gym for any reason and not to enter the office area unless told to do so by a coach
- to arrive on time and ready to start class
- bring a water bottle to every class and leave in reception. Not bring food or drink into the gym.

PARENT CODE OF CONDUCT

It is a requirement of the Club that all parents....

- assist in the creation of a child-safe culture
- are prohibited to engage in discrimination, harassment, bullying, abuse, intimidation, victimisation, or vilification of others, including bias based on age, race, gender, disability, sexuality, gender identity, or religion.
- treat all participants in our sport with consideration, respect, objectivity, and courtesy while acknowledging their rights, dignity, and worth.
- demonstrate appropriate behaviour and conduct by setting a good example for your child and all KGC gymnasts and members.
- be a positive role model by displaying discipline, respect, care and diligence towards your child's teammates, coach, other KGC staff, and all others involved in our sport.
- must notify welfare@kingsbridgegymclub.co.uk if they suspect a gymnast, parent, or staff member of misconduct or inappropriate behaviour/treatment.
- do not partake in behaviour that could harm the reputation of KGC or the sport of gymnastics.
- continuously demonstrate good sportsmanship in all situations.
- be respectful of (and encourage your child to respect) decisions made by management, coaches, officials, and judges, inside and outside the KGC.
- respect and trust the coaching team's knowledge and expertise.
- refrain from criticising their child or any other gymnast in public (reserve appropriate constructive criticism for a private setting).
- resolve any issues or concerns, in a private and appropriate manner directly with a coach. Email headcoach@kingsbridgegymclub.co.uk to arrange a meeting.
- should leave any performance-based criticism to your child's coach.
- direct any question, concern or complaint email headcoach@kingsbridgegymclub.co.uk / welfare@kingsbridgegymclub.co.uk or follow appropriate channels as per the KGC complaints procedure
- ensure all communication (written and oral) demonstrates respect, care, and a positive attitude.
- maintain a consistent emphasis on your child's enjoyment of the sport rather than the results.



- respect the club's policy of an independent gymnast training environment (except during open weeks, competitions, and invited activities) to allow your child's independence to flourish and allow them the best chance of success in the sport.
- should not film, record, photograph, or use a mobile phone in the reception area, changing rooms toilets at KGC or other gymnastics events without permission.
- Is allowed to film, and / or take photos at training (during open weeks) or competitions, and intending to post on social media, please ensure that you have sought permission from any other parents/guardians of children other than your own if they are visible in the footage. Please refer to the KGC social media policy
- respects the KGC smoke free environment; parents who wish to smoke at KGC facilities or activities (including trip accommodation, competition venues and team activities) must maintain a 10-meter radius at all times.
- are prohibited from smoking or consuming alcohol, including at KGC facilities, trip accommodation, external competition venues, and team activities.

COACH CODE OF CONDUCT

It is a requirement of the Club that all coaches....

- condone, or allow to go unchallenged, any breaches of these Standards of Conduct
- follow all Kingsbridge Gymnastics Club (KGC) and British Gymnastics rules, policies, and procedures.
- actively support all efforts to create a child safe culture and remove verbal and physical abuse from sporting activities.
- provide a safe, welcoming and inclusive environment that places health, welfare and wellbeing of participants above all else.
- report, any serious breaches of any of British Gymnastics' policies or standards and not take or threaten any action to discourage or penalise any other Member from doing so.
- treat everyone in our sport in a considerate, respectful, objective and courteous manner with a proper regard for their rights, dignity and worth.
- display high personal standards, moderate and responsible behaviour and a favourable image that is befitting to their role in the sport at all times
- behave or conduct themselves in any other manner which could bring the sport of gymnastics, British Gymnastics, its Affiliated Associations or Registered Clubs into disrepute or damage the reputation of British Gymnastics
- dress appropriately with safety considerations in mind and within the accepted traditions of the sport
- must not consume alcohol or substances which may impact judgment, performance or behaviours before or whilst coaching, instructing or officiating, at any gymnastics event, before driving on gymnastics business or while under the age of 18 during a gymnastics event or trip



- must not smoke / vape whilst coaching, instructing or officiating . No smoking or vaping to be undertaken in proximity to the club premises where the coach may be observed by the gymnast or parents.
- make offensive or abusive remarks/jokes, derogatory comments, suggestive comments, or use unnecessary aggression or intimidation, malicious gossip or call people by offensive nicknames within the gymnastics environment
- must not carry out unwelcome flirting, sexual advances or unnecessary touching within the gymnastics environment.
- should not bully, harass, or discriminate against any individual or group because of their gender reassignment, age, ethnicity, religion, belief, sexual orientation, disability, pregnancy, marriage, or civil partnership.
- cause offence or intimidation through non-verbal conduct and refrain from gestures that could be offensive
- display offensive or inappropriate pictures, objects, written material (including slogans on clothing), tattoos, graffiti, flags or badges and social media posts confidentiality
- respect the confidentiality of information provided to them concerning participants or fellow Coaches, Instructors or and Officials, subject to any safeguarding requirements Competitions/ events
- accept success and failure, victory and defeat, with dignity
- treat participants and others attending at any gymnastic event with dignity and respect
- respect official decisions, and not questioned except in accordance with established procedures, and any differences of opinion or conflicts must be resolved in accordance with good and acceptable practices.
- must not take bribes, bet on, attempt to manipulate results or be involved in any other form of corruption in relation to any gymnastics competitions Safeguarding
- not abuse or misuse any relationship of trust or position of power or influence.
- report promptly any concerns, or present evidence or other information concerning any abuse or neglect of a child or adult at risk or other matter within the scope of the British Gymnastics Safeguarding Policy and provide full particulars of the matter to British Gymnastics.
- cooperate fully with British Gymnastics and other relevant authorities when requested to disclose any documents, provide any evidence or other information and provide a written statement in connection with any investigation by British Gymnastics or other authority
- not victimise, attempt to victimise or encourage the victimisation of any individual (or their parents, guardians or dependents) for raising concerns or making a Complaint.
- inform British Gymnastics & the Club's Trustees if they are arrested for or charged with a criminal offence
- inform British Gymnastics & the Club's Trustees of any criminal conviction, caution or warning issued by the police
- complete a British Gymnastics Criminal Records check as described in the Criminal Record Checks Policy and Guidelines document. Misrepresentation
- must not misrepresent their qualifications, registrations, affiliations or professional status
- must not claim to represent Great Britain, the United Kingdom or British Gymnastics without the written permission of British Gymnastics



- must hold a British Gymnastics coaching, instructing or judging qualifications appropriate to the activities their gymnasts are performing and only coach, instruct, or officiate over those disciplines, skills, and activities for which they are both qualified and capable
- must not disparage or intimidate gymnasts or seek to poach gymnasts from their Primary Club
- accept responsibility for the conduct of gymnasts coached or instructed by them
- not compromise gymnasts by advocating measures that contravene any competition rules to gain unfair advantage
- must not coach or instruct a gymnast without prior agreement from the gymnast's own coach or instructor. Where a gymnast or their parents request a coach or instructor to agree to additional or alternative coaching this agreement shall not be unreasonably withheld or delayed. Acceptance of membership of a squad will imply agreement to be trained by other coaches
- must not discuss the performance of a gymnast during a competition within the earshot of any coach, gymnast or member of the public
- must not to engage in practices which are known to be harmful to the physical or psychological wellbeing of a gymnast, e.g. inappropriate or excessive weighing or restriction of access to food and fluids
- remind others that you must have sought permission from any other parents/guardians/clubs of athletes outside KGC if they are visible in footage or photography before posting.
- ensure each child is given the best opportunity to reach their full gymnastics potential.
- take all reasonable steps to ensure equipment, facilities and programs meet all health and safety standards, and are appropriate to the age and ability of participants.
- provide inclusive opportunities for participation in gymnastics to all recreational children in your class.
- be aware of and support policies and practices in relation to injury management and return to the play.